Annex 13  The safety and health educational training courses and hours for first aid personnel (18 hours):
1. Introduction to first aid (including principles, emergency device utilization, Introduction to body structure) 1 hour
2. Addressing and bandage (including practicum)  2 hours
3. Poisoning, asphyxia, emergency resuscitation (including practicum) 5 hours
4. Trauma and bleeding arrest (including demonstration)  2 hours
5. Shock, burn and scald injury  2 hours
6. Bone and muscle injury (including practicum)  2 hours
7. Nerve system damage and unconsciousness  2 hours
8. Patient treatment and transport (including practicum)  2 hours

Note: The operation training shall be conducted by groups.